The Healthy College Cookbook

22 healthy college recipes you can make in your dorm room Gone are the days of ramen and microwaveable mac and cheese, these easy college meals are perfect for the dorm room. Finally, a healthy cookbook with food you'll want to eat Finally, a healthy cookbook with food you'll want to eat every day healthyish is not about restricting your diet, it's about simple cooking and good-for-you food.

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